

STATE OF OREGON
PROCLAMATION
OFFICE OF THE GOVERNOR

WHEREAS: Diabetes is the seventh leading cause of death in America; more people die from diabetes and related conditions than breast cancer or AIDS combined, and one in three kids under 20 will be affected by diabetes in their lifetime; and

WHEREAS: The Harold Schnitzer Diabetes Health Center at Oregon Health and Science University is the only academic medical center west of the Rocky Mountains offering comprehensive diabetes care for children and adults at a single location; and

WHEREAS: Getting 150 minutes or more per week of moderately intense aerobic activity, such as brisk walking, substantially lowers one's risk of dying prematurely; and focusing on one habit in the form of a 30-day challenge is a clear, effective way to make a positive behavior change; and

WHEREAS: The *Get Going Oregon* event is a fund- and awareness builder for the Harold Schnitzer Diabetes Health Center at OHSU as well as an opportunity for the center to help prevent this rampant disease and rally our community to get going toward a healthier lifestyle –and ultimately save lives.

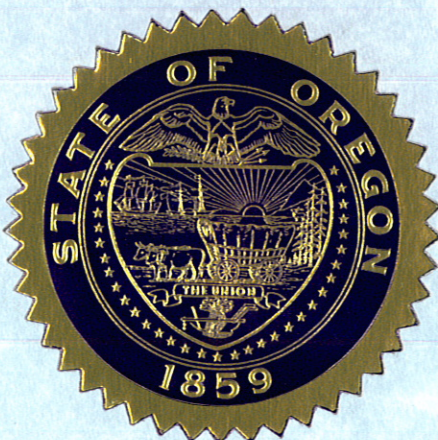
NOW,

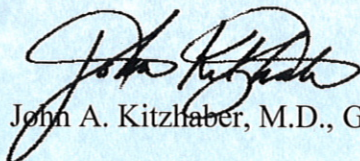
THEREFORE: I, John A. Kitzhaber, M.D., Governor of the State of Oregon, hereby proclaim **October 1, 2011** to be

GET GOING OREGON DAY

in Oregon and encourage all Oregonians to join in this observance.

IN WITNESS WHEREOF, I hereunto set my hand and cause the Great Seal of the State of Oregon to be affixed. Done at the Capitol in the City of Salem in the State of Oregon on this day, September 12, 2011.




John A. Kitzhaber, M.D., Governor


Kate Brown, Secretary of State